



## NDIS Update

The **NDIS** stands for the **National Disability Insurance Scheme** and is a new way of providing support to Australians living with a disability. The **NDIA** stands for the **National Disability Insurance Agency** and is the government agency that will contact you regarding your NDIS transition.

Mobo Group is here to support you through your NDIS transition. Please contact Mobo Group on **08 8130 1800** or email [ndis@mobogroup.com.au](mailto:ndis@mobogroup.com.au) if you have any questions about the NDIS. Please read through this fortnight's frequently asked questions.

### **Can the NDIS Pay for my Gym Membership?**

The NDIS will not pay for your gym membership. If your NDIS goal is to increase your health and fitness, the NDIS may fund a support worker to attend the gym with you to assist you to understand gym equipment and ensure your safety. Be sure to discuss this in your planning meeting if you are interested in attending the gym and require support.

Example: Jane is a NDIS participant and discusses in her NDIS planning meeting that she would like to improve her health and fitness. She explains she is interested in joining a gym that is close to her home but would like some assistance. The Local Area Coordinator (LAC) explains that the NDIS will not pay for Jane's gym membership but the NDIS will pay a support worker to support Jane at the gym. Jane understands that she will need to pay for the gym membership herself and thinks it will be a good idea to have a support worker to encourage and assist her at the gym.

### **Can Mobo Group supply me with equipment?**

Mobo Group does not supply or provide equipment. The NDIS provides funding for equipment to be purchased by NDIS participants for use in their home, workplace and outside community. Be sure to discuss your need for equipment in your NDIS planning meeting if you require equipment due to your disability.

Example: Daniel is a supported employee and has trouble sitting for long periods of time due to his disability. Daniel discusses this in his NDIS planning meeting and explains he would like a standing desk at his workplace to increase his ability to complete his work. When Daniel receives his NDIS Plan, the NDIS pays an Occupational Therapist (OT) to complete an assessment for Daniel. The OT sends a quote for a standing desk to the NDIA, which is approved and Daniel receives funding to pay for a standing desk in his workplace.

### **Reminder!**

You should call the NDIA on **1800 800 110** if your NDIS Plan is going to end in 2-3 months. The NDIA will notify your Local Area Coordinator (**LAC**) to alert them to **organise your plan review meeting**.

To the best of our knowledge and belief, the information provided is accurate as at the date of this communication. It is provided to assist in the preparation for the introduction of the NDIS and is not to be taken as a recommendation of any particular course of action. Stakeholders are encouraged to seek their own independent advice.

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