



NDIS Update

The **NDIS** stands for the **National Disability Insurance Scheme** and is a new way of providing support to Australians with a disability. Under the NDIS, funding will be allocated to the person with a disability.

The **NDIA** stands for the **National Disability Insurance Agency** and is the government agency that will contact you regarding your NDIS transition.

Mobo Group is here to support you through your NDIS transition.
Please read through this fortnight's frequently asked questions.

What does "Capacity Building" mean?

The NDIS is designed to help people with a disability build their capacity. This means there is the aim for people with a disability to develop skills and confidence so they are able to achieve their goals.

Example of Capacity Building: Lisa has a goal of keeping her unit clean and tidy. Lisa uses her NDIS funding to engage a support worker to teach her how to clean her unit. The support worker comes over to Lisa's house every Friday morning to help Lisa clean her unit. Lisa builds her capacity to clean her unit, which means Lisa's cleaning skills improve.

Who are my informal supports?

Your informal supports are the people in your life who are not paid to provide you with support. Examples of informal supports include family members, neighbours, friends and other people in your local community.

Example of an informal support: Sally's mother wakes Sally up at 7am, cooks her breakfast and drives her to work on Monday morning. Sally's mother does not get paid for supporting Sally, therefore Sally's mother is an informal support.

Who are my formal supports?

Your formal supports are people who are paid to provide you with a support or service. Examples of formal supports include a carer/support worker, physiotherapist, speech pathologist and psychologist. The NDIS can provide you with funding to pay for formal supports that will help you to achieve your goals.

Example of a formal support: A support worker comes to John's house and helps John to cook a healthy meal in his kitchen. John's support worker does get paid for supporting him, therefore John's support worker is a formal support.

To the best of our knowledge and belief, the information provided is accurate as at the date of this communication. It is provided to assist in the preparation for the introduction of the NDIS and is not to be taken as a recommendation of any particular course of action. Stakeholders are encouraged to seek their own independent advice.

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